

Louisiana High School Athletic Association
Coaches Concussion Statement

- I have read and understand the LHSAA Concussion Management Protocol.
 I have read and understand the Concussion Fact Sheet.

After reading the Concussion Fact Sheet, and reviewing the LHSAA Concussion Management Protocol, I am aware of the following information:

Initial:

_____ A concussion is a brain injury which athletes should report to the medical staff.

_____ A concussion can affect the athlete's ability to perform everyday activities, and affect reaction time, balance, sleep, and classroom performance. You cannot always see a concussion, but you might notice some of the symptoms right away. Other symptoms can show up hours or days after the injury.

_____ I will not knowingly allow the athlete to return to play in a game or practice if he/she has received a blow to the head or body that results in concussion-related symptoms.

_____ Athletes shall not return to play in a game or practice on the same day that they are suspected of having a concussion.

_____ If I suspect one my athletes has a concussion, it is my responsibility to have that athlete see the medical staff.

_____ I will encourage my athletes to report any suspected injuries and illnesses to the medical staff, including signs and symptoms of concussions.

_____ Following concussion the brain needs time to heal. Concussed athletes are much more likely to have a repeat concussion if they return to play before their symptoms resolve. In rare cases, repeat concussions can cause permanent brain damage, and even death

_____ I am aware that athletes diagnosed with a concussion must be assessed by an appropriate healthcare provider. Athletes will begin a graduated return to play protocol following full recovery of neurocognition and balance.

Signature of Coach

Date

Printed Name of Coach

